

Deacon Andy's Rosary (Links in red open in new window)

Mysteries

Joyful

1. Annunciation
2. Visitation
3. Jesus' Birth
4. Temple Presentation
5. Finding in Temple

Luminous

1. Jesus' Baptism
2. Wedding at Cana
3. Proclaim the Kingdom of God
4. Transfiguration
5. Eucharistic Institution

Sorrowful

1. Garden Agony
2. Scourging
3. Crowning
4. Carry Cross
5. Crucifixion & Death

Glorious

1. Jesus' Resurrection
2. Jesus' Ascension
3. Spirit's Descent
4. Mary's Assumption
5. Mary's Coronation

Resources:

1. Catholic Catechism
2. Laetitia Sancte

Sign of the Cross - In the name of the Father, and of the Son and of the Holy Spirit, amen.

Apostles Creed - I believe in God, the Father Almighty, Creator of Heaven and Earth and in Jesus Christ His only Son, Our Lord Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. On the third day, he rose again. He ascended into Heaven and is seated at the right hand of God, the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father, who are in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of death, amen.

Glory Be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end, amen.

Fatima Invocation (Our Lady at Fatima, 13 July 1917) - O my Jesus, forgive us our sins, save us from the fire of hell, draw all souls to heaven, especially those most in need of your mercy.

Hail Holy Queen (Benedictine Blessed Herman the Cripple, d. 1054) - Hail holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, your eyes of mercy towards us and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary, despise not my petitions, but in your mercy hear and answer me.

Memorare (Unknown) - Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O virgin of virgins, my Mother! To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.

St. Michael Prayer (Pope Leo XIII, end of 19th century) - St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and Prince of the Heavenly Host, by the power of God thrust into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls, amen.

How I pray the rosary:

1. Sign of the cross
2. Apostles Creed
3. 1 Our Father, 3 Hail Mary, 1 Glory Be, 1 Fatima Invocation
4. For each mystery: 1 Our Father, 10 Hail Mary, 1 Glory Be, 1 Fatima Invocation
5. After completing what I am praying: 1 each Hail Holy Queen, Memorare, St. Michael Prayer
6. Holy Father, teach me to hear your voice and know your will
7. Holy Son, teach me to obey and do your will
8. Holy Spirit, teach me to desire your will and give me the grace & strength to do it
9. Holy Mary, Mother of God (Theotokos), pray for us
10. Holy Joseph, Stepfather of God, pray for us
11. My intercessions: For those who have asked and those for whom I promised to pray, especially my nuclear and extended family: Church, RCIA, rosary, Adult Ed, work, online, and all my friends. For the conversion of my family, parents, siblings &

3. Iucunda Semper
Expectatione
4. Rosarium Virginis
Mariae

families, cousins & families, friends, acquaintances, & families, and the parish to which I am assigned & many people by name. For the conversion of the Executive, Legislative and Judicial branches, all American leaders & people, and people of every nation, that you would turn our hearts to you so we might serve Truth and Justice. For all deacons, priests & bishops: increase their love for you and your truth, Church, and its people to shepherd your people and teach the truth in love. For those in seminary & deacon formation. Enlighten our minds and open our hearts to you so we might serve your people faithfully.
12. Sign of the Cross

Scriptures for meditation during the praying of the rosary

Joyful (Memory Mnemonic: AVBPF)

1. Angelic Annunciation (virtue: Humility) Lk 1:26-35, 38 *The angel Gabriel was sent...to a virgin, Mary, betrothed to Joseph, of the house of David. And he said, "Hail, full of grace, the Lord is with you!" She was greatly troubled at the saying, and considered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favor with God. You will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever; and of his kingdom there will be no end." Mary said to the angel, "How can this be, since I know not man?" And the angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God. ... And Mary said, "Behold, I am the handmaid of the Lord; let it be to me according to your word." (Mt 1:18-25, Rev 11:19)*

2. Mary Visits Elizabeth (virtue: Charity) *Mary visits Elizabeth Lk 1:39-45 Mary went with haste into the hill country, to a city of Judah, entered the house of Zechariah, and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb; Elizabeth was filled with the Holy Spirit and exclaimed in a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the child in my womb leaped for joy. And blessed is she who believed what was spoken to her from the Lord be fulfilled." (Lk 1:36-38, 46-58, Rev 11:19)*

3. Jesus' Birth (virtue: Poverty & Detachment from the World) *Is 66:7 Before she was in labor she gave birth; before her pain came upon her she was delivered of a son. Lk 2:6-7 The time came for her to be delivered. She gave birth to her first-born son and wrapped him in swaddling clothes, and laid him in a manger, because there was no place for them in the inn. (Lk 2:1-5, 8-20)*

4. Jesus' Presentation (virtue: Purity of Heart & Obedience) *Lk 2:21, 39 After eight days, he was circumcised and called Jesus, the name given by the angel before he was conceived...When they performed all according to the law of the Lord, they returned into Nazareth in Galilee. (Lk 2:22-38, Gen 17:10-12/Lev 12:2 & Ex 13:11-13)*

5. Jesus' Finding (virtue: Piety) *Lk 2:42-52 When...they were returning, the boy Jesus stayed behind in Jerusalem. His parents did not know it...when they did not find him, they returned to Jerusalem (after one day). After three days they found him in the temple, listening to the teachers and asking them questions; all who heard him were amazed at his understanding and answers. When they saw him they were astonished; his mother said to him, "Son, why have you treated us so? Behold, your father and I have been looking for you anxiously." He said to them, "Why did you seek me? Did you not know I must be in my Father's house?" They did not understand the saying he spoke to them.*

Luminous (Memory Mnemonic: BWKTE)

1. Baptism (virtue: A New Creation) *Eze 36:25 I will sprinkle clean water upon you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. Lk 3:21-22 When Jesus also had been baptized and was praying, heaven opened, and the Holy Spirit descended upon him as a dove, and a voice came from heaven, "You are my beloved Son; with you I am well pleased." (Eze 36:25-28, Jer 31:33, Mt 3:1-17, Mk 1:2-13, Lk 3:2-22)*

2. Wedding (virtue: Serve Others) Jn 2:1-5 *And the third day, there was a marriage in Cana of Galilee; and the mother of Jesus was there. And Jesus also was invited, and his disciples, to the marriage. And the wine failing, the mother of Jesus says to him: They have no wine. And Jesus says to her: Woman, what is that to me and to you? My hour is not yet come. His mother says to the waiters: Whatsoever he shall say to you, do you. He changed 120-180 gallons into wine. (Jn 2:1-10)*

3. Kingdom Proclamation (virtue: Say what you mean) Mark 1:15 *"The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel."* (Lk 8:1, Mt 4:23, 9:35, 10:7, 24:14, 28:19-20)

4. Transfiguration (virtue: We will be changed) Lk 9:28-35 *Jesus took with him Peter, John and James, and went up on the mountain to pray. And as he was praying, his appearance was altered, and his clothing became dazzling white. Behold, two men talked with him, Moses and Elijah, who appeared in glory and spoke of his exodus, which he was to accomplish at Jerusalem. Peter and those who were with him were heavy with sleep but they saw his glory and the two men who stood with him. And as the men were parting from him, Peter said to Jesus, "Master, it is well that we are here; let us make three booths, one for you and one for Moses and one for Elijah" – not knowing what he said. As he said this, a cloud came and overshadowed them; they were afraid as they entered the cloud. A voice came out of the cloud, saying, "This is my Son, listen to him!" (Mt 17:1-9, 1 Cor 15:52, 2 Pt 1:16-18)*

5. Eucharistic Institution (virtue: Sustain Life) 1 Cor 11:23-27 *I received from the Lord what I delivered to you, that the Lord Jesus on the night he was betrayed took bread, and when he had given thanks, broke it, and said, "This is my body which is for you. Do this in remembrance of me." In the same way also the chalice, after supper, saying, "This chalice is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the chalice, you proclaim the Lord's death until he comes. Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. (Ex 12:1-20 [Passover] & Lev 7:12-15 [Thank Offering/Thanksgiving (Heb Todah | Gk Eucharistia, see also Gen 14:17-20 a precursor to this offering] combines/transforms both. Lk 22: 14-20, Mt 26:26-29, Mk 14:22-25, Jn 6:23-69)*

Sorrowful (Memory Mnemonic: GSCCC)

1. Garden Agony (virtue: Contrition for Sins) Lk 22:39-53 *He said to them, "Pray that you may not enter into temptation." He withdrew from them about a stone's throw, and knelt down and prayed, "Father, if you are willing, remove this chalice from me; nevertheless not my will, but yours, be done." There appeared to him an angel from heaven, strengthening him. Being in an agony he prayed more earnestly; and his sweat became like great drops of blood falling down upon the ground. When he rose from prayer, he came to the disciples and found them sleeping for sorrow, and he said to them, "Why do you sleep? Rise and pray that you may not enter into temptation." (Is 53:4 & 7-8, Lk 22:39-53, Mt 26:31-56, Mk 14:27-52, Jn 18:1-11)*

2. Scourging (virtue: Mortification of Senses) Lk 23:16 *"I will therefore chastise him and release him." (Is 50:6, Zech 13:6, Mt 27:26, Lk 23:16)*

3. Crowning (virtue: Interior Mortification) Jn 19:2-3 *And the soldiers wove a crown of thorns, put it upon his head: and they put on him a purple garment. And they came to him and said: Hail, king of the Jews. And they gave him blows. (Mt 27:27-31, Mk 15:16-20)*

4. Carry Cross (virtue: Patience) Jn 19:17 *Bearing his own cross, he went forth to...Calvary, in Hebrew Golgotha. (Mt 27:32, Mk 15:21, Lk 23:26-31)*

5. Crucifixion & Death (virtue: Dying to Self) Is 53:10-11 *Yet it was the will of the LORD to bruise him; he has put him to grief; when he makes himself an offering for sin, he shall see his offspring, he shall prolong his days; the will of the LORD shall prosper in his hand; he shall see the fruit of the travail of his soul and be satisfied; by his knowledge shall the righteous one, my servant, make many to be accounted righteous; and he shall bear their iniquities. Zech 12:10 "And I will pour out on the house of David and the inhabitants of Jerusalem a spirit of compassion and supplication, so that, when they look on him whom they have pierced, they shall mourn for him, as one mourns for an only child, and weep bitterly over him, as one weeps over a firstborn." Lk 23:33 And when they came to the place which is called The Skull, there they crucified him, and the criminals, one on the right and one on the left. (Ps 22, Mt 27:35-54; Mk 15:25-39; Lk 23:33-49, Jn 19:18-37)*

Glorious (Memory Mnemonic: RASAC)

1. Resurrection (virtue: Conversion of Heart) *Dan 12:2-3 And many of those who sleep in the dust of the earth shall awake, some to everlasting life, and some to shame and everlasting contempt. And those who are wise shall shine like the brightness of the firmament; and those who turn many to righteousness, like the stars for ever and ever. Mt 28:5 But the angel said to the women, "Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen, as he said. Come, see the place where he lay." (Job 19:25-27, Ps 16:8-11, 71:20, Is 26:19-20, Eze 37:7-10, Hos 6:1-2, Mt 28:1-15, Mk 16:1-13, Lk 24:1-48, Jn 20:1-9)*

2. Ascension (virtue: Desire for Heaven) *Acts 1:9 When he had said this as they looked on, he was lifted up, and a cloud took him out of their sight. (Ps 68:19, Lk 24:50-53)*

3. Spirit's Descent (virtue: Gifts/fruits of the Spirit) *Joel 2:28-29 And it shall come to pass afterward, that I will pour out my spirit on all flesh; your sons and your daughters shall prophesy, your old men shall dream dreams, and your young men shall see visions. Even upon the menservants and maidservants in those days, I will pour out my spirit. Acts 2:1-4 When the day of Pentecost had come, they were all together in one place. Suddenly a sound came from heaven like the rush of a mighty wind, filling the house where they were sitting. There appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance.... of the mighty works of God. (Acts 1:8 & 2:12, Gal 5:22-23)*

4. Assumption of Mary (virtue: Reward of heaven) *Ps 132:8 Arise, Lord, go to your resting place, you and the ark of your might. Song 2:10-11 My beloved speaks and says to me: "Arise, my love, my dove, my fair one, and come away; for behold, the winter is past, the rain is over and gone. Rev 12:6 and the woman fled into the wilderness, where she has a place prepared by God, in which to be nourished for one thousand two hundred and sixty days. (Song 3:6, Ps 45, Lk 1:41-55)*

5. Coronation of Mary (virtue: Maternal care of Mary the Queen) *Rev 11:19-12:1 Then God's temple in heaven was opened, and the ark of his covenant was seen within his temple; and there were flashes of lightning, loud noises, peals of thunder, an earthquake, and heavy hail. A great sign appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. (Ex 37:1-9, Ps 45:9-15, Song 4:7-8, 6:9-10; Queen Mothers in the Old Testament: 1 Kgs 2:13-25 (Bathsheba, first Queen Mother – Gebirah in Hebrew); 1 Kgs 15:13, 2 Chron 15:16, Jer 13:18 & cf. 24:25)*