

**Rosary (Mysteries)**

Joyful (AVBPF)

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2. Visitation
3. Birth
4. Presentation
5. Finding

Luminous (BWKTE)

1. Baptism
2. Wedding
3. Kingdom Proclamation
4. Transfiguration
5. Eucharistic Institution

Sorrowful (GSCCC)

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2. Scourging
3. Crowning
4. Carry Cross
5. Crucifixion & Death

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Resources:

Catholic Catechism  
Leo XIII Encyclical  
Rosary History Search  
Leo XIII Apostolic Letter  
John Paul II Apostolic Letter

**Sign of the Cross** - In the name of the Father, and of the Son and of the Holy Spirit, amen.

**Apostles Creed** – I believe in God, the Father Almighty, Creator of Heaven and Earth and in Jesus Christ His only Son, Our Lord Who was conceived of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. On the third day, he rose again. He ascended into Heaven and is seated at the right hand of God, the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**Our Father**, who are in heaven, hallowed be thy name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil, amen.

**Hail Mary**, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of death, amen.

**Glory Be** to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end, amen.

**Fatima Invocation** (Our Lady at Fatima, 13th July 1917) – O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of your mercy.

**Hail Holy Queen** (Benedictine Blessed Herman the Cripple, d.1054) – Hail holy Queen, Mother of mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we lift up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, your eyes of mercy towards us and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary, despise not my petitions, but in your mercy hear and answer them.

**Memorare** (Unknown) - Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O virgin of virgins, my Mother! To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me, amen.

**St. Michael prayer** (Pope Leo XIII, end of 19th century) - St. Michael the Archangel, defend us in the day of battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the Heavenly Host, by the power of God thrust into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls, amen.

**One way to pray the rosary:**

1. Sign of the Cross
2. Apostles Creed
3. 1 Our Father, 3 Hail Marias, 1 Glory Be, 1 Fatima Invocation
4. For each mystery: 1 Our Father, 10 Hail Marias, 1 Glory Be, 1 Fatima Invocation
5. After 5 decades of one of the mysteries: 1 each Hail Holy Queen, Memorare, St. Michael prayer
6. O Holy Father, teach me to hear your voice and know your will
7. O Holy Jesus, teach me to obey and do your will
8. O Holy Spirit, teach me to desire your will and give me the grace & strength to do it
9. O Holy Mary, Mother of God, pray for us
10. O Holy Joseph, Step-Father of God, pray for us
11. Sign of the Cross
12. My Intercessions: In reparation for my family's sins, for our continued conversion and the conversion of Obama, his administration, Congress, all American leaders and people & all people of every nation, that You would turn our hearts to You so we might serve Truth & Justice. For those who have asked and those I promised to pray for, especially my nuclear and extended family, my Church family, my RCIA family, my Adult Ed family, my work families, my online families and all my friends, especially N. & N. I pray for all deacons, priests and bishops that you would draw them close to You in love so they might shepherd your people and teach them Your truth in its fullness.

*Scriptures for the Mysteries of the Rosary*

**Joyful** (Memory Pneumonic: AVBPF)

**1. Annunciation (virtue: Humility)** *Luke 1:26-38* In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin's name was Mary. And he came to her and said, "Hail, full of grace, the Lord is with you!" But she was greatly troubled at the saying, and considered in her

mind what sort of greeting this might be. And the angel said to her, "Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob for ever; and of his kingdom there will be no end." And Mary said to the angel, "How shall this be, since I have no husband?" And the angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God. And behold, your kinswoman Elizabeth in her old age has also conceived a son; and this is the sixth month with her who was called barren. For with God nothing will be impossible." And Mary said, "Behold, I am the handmaid of the Lord; let it be to me according to your word." (*also Mt 1:18-25*)

**2. Visitation (virtue: Charity) Luke 1:39-56** In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. He has shown strength with his arm, he has scattered the proud in the imagination of their hearts, he has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity forever." And Mary remained with her about three months, and returned to her home. (*also Lk 1:36-37*)

**3. Birth (virtue: Poverty & Detachment from the World) Luke 2:1-7** In those days a decree went out from Caesar Augustus that all the world should be enrolled. This was the first enrollment, when Quirinius was governor of Syria. And all went to be enrolled, each to his own city. And Joseph also went up from Galilee, from the city of Nazareth, to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be enrolled with Mary, his betrothed, who was with child. And while they were there, the time came for her to be delivered. And she gave birth to her first-born son and wrapped him in swaddling cloths, and laid him in a manger, because there was no place for them in the inn. (*also Lk 2:8-20*)

**4. Presentation (virtue: Purity of Heart & Obedience) Luke 2:21, 39-40** And at the end of eight days, when he was circumcised, he was called Jesus, the name given by the angel before he was conceived in the womb. . . . And when they had performed everything according to the law of the Lord, they returned into Galilee, to their own city, Nazareth. And the child grew and became strong, filled with wisdom; and the favor of God was upon him. (*also Lk 2:22-38*)

**5. Finding (virtue: Piety) Luke 2:41-52** Now his parents went to Jerusalem every year at the feast of the Passover. And when he was twelve years old, they went up according to custom; and when the feast was ended, as they were returning, the boy Jesus stayed behind in Jerusalem. His parents did not know it, but supposing him to be in the company they went a day's journey, and they sought him among their kinsfolk and acquaintances; and when they did not find him, they returned to Jerusalem, seeking him. After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers. And when they saw him they were astonished; and his mother said to him, "Son, why have you treated us so? Behold, your father and I have been looking for you anxiously." And he said to them, "How is it that you sought me? Did you not know that I must be in my Father's house?" And they did not understand the saying which he spoke to them. And he went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus increased in wisdom and in stature, and in favor with God and man.

## Luminous (Memory Pneumonic: BWKTE)

**1. Baptism (virtue: A New Creation) Mark 1:2-13** As it is written in Isaiah the prophet, "Behold, I send my messenger before thy face, who shall prepare thy way; the voice of one crying in the wilderness: Prepare the way of the Lord, make his paths straight -- " John the baptizer appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. And there went out to him all the country of Judea, and all the people of Jerusalem; and they were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, and had a leather girdle around his waist, and ate locusts and wild honey. And he preached, saying, "After me comes he who is mightier than I, the thong of whose sandals I am not worthy to stoop down and untie. I have baptized you with water; but he will baptize you with the Holy Spirit." In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And when he came up out of the water, immediately he saw the heavens opened and the Spirit descending upon him like a dove; and a voice came from heaven, "Thou art my beloved Son; with thee I am well pleased." The Spirit immediately drove him out into the wilderness. And he was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels ministered to him. (*also Lk 3:2-22; Mt 3:1-17*)

**2. Wedding at Cana (virtue: Serving Others) John 2:1-10** On the third day there was a marriage at Cana in Galilee, and the mother of Jesus was there; Jesus also was invited to the marriage, with his disciples. When the wine failed, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "O woman, what have you to do with me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now six stone jars were standing there, for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, "Fill the jars with water." And they filled them up to the brim. He said to them, "Now draw some out, and take it to the steward of the feast." So they took it. When the steward of the feast tasted the water now become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward of the feast called the bridegroom and said to him, "Every man serves the good wine first; and when men have drunk freely, then the poor wine; but you have kept the good wine until now."

**3. Proclamation of the Kingdom (virtue: Say What You Mean)** In the John Paul II's apostolic letter *Rosarium Virginis Mariae*, he says of the luminous mysteries, "Each of these mysteries is a revelation of the kingdom now present in the very person of Jesus." Of the third luminous mystery he says, "Another mystery of light is the preaching by which Jesus proclaims the coming of the kingdom of God, calls to conversion (cf. *Mark 1:15*) and forgives the sins of all who draw near to him in humble trust (cf. *Mark 2:3-12; Luke 7:47-48*): the inauguration of that ministry of mercy that he continues to exercise until the end of the world, particularly through the sacrament of reconciliation, which he has entrusted to his Church (cf. *John 20:22-23*)" (RVM 21). When Christ reigns in our hearts, the kingdom of God is within us. (*also Lk 8:1 & Mt 4:23; 9:35; 10:7; 24:14; 28:19-20*)

**4. Transfiguration (virtue: We Will be Changed) *Matthew 17:1-9*** And after six days Jesus took with him Peter and James and John his brother, and led them up a high mountain apart. And he was transfigured before them, and his face shone like the sun, and his garments became white as light. And behold, there appeared to them Moses and Elijah, talking with him. And Peter said to Jesus, "Lord, it is well that we are here; if you wish, I will make three booths here, one for you and one for Moses and one for Elijah." He was still speaking, when lo, a bright cloud overshadowed them, and a voice from the cloud said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell on their faces, and were filled with awe. But Jesus came and touched them, saying, "Rise, and have no fear." And when they lifted up their eyes, they saw no one but Jesus only. And as they were coming down the mountain, Jesus commanded them, "Tell no one the vision, until the Son of man is raised from the dead." (*also Mk 9:1-8; Lk 9:28-36; 1 Cor 15:52; 2 Pt 1:16-18*)

**5. Eucharistic Institution [Pascal Meal Transformation] (virtue: Sustainment of Life) *1 Corinthians 11: 23-26*** For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me." In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. (*also Lk 22: 14-20; Mt 26: 26-29; Mk 14:22-25; Jn 6:23-69*)

**Sorrowful (Memory Pneumonic: GSCCC)**

**1. Agony in the Garden (virtue: Contrition for Sins) *Luke 22:39-53*** And he came out, and went, as was his custom, to the Mount of Olives; and the disciples followed him. And when he came to the place he said to them, "Pray that you may not enter into temptation." And he withdrew from them about a stone's throw, and knelt down and prayed, "Father, if thou art willing, remove this cup from me; nevertheless not my will, but thine, be done." And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, and he said to them, "Why do you sleep? Rise and pray that you may not enter into temptation." While he was still speaking, there came a crowd, and the man called Judas, one of the twelve, was leading them. He drew near to Jesus to kiss him; but Jesus said to him, "Judas, would you betray the Son of man with a kiss?" And when those who were about him saw what would follow, they said, "Lord, shall we strike with the sword?" And one of them struck the slave of the high priest and cut off his right ear. But Jesus said, "No more of this!" And he touched his ear and healed him. Then Jesus said to the chief priests and officers of the temple and elders, who had come out against him, "Have you come out as against a robber, with swords and clubs? 53 When I was with you day after day in the temple, you did not lay hands on me. But this is your hour, and the power of darkness." (*also Mt 26:31-56; Mk 14:27-52; Jn 18:1-11*)

**2. Scourging (virtue: Mortification of Senses) *Matthew 27:26*** Then he released for them Barabbas, and having scourged Jesus, delivered him to be crucified. (*also Jn 19:1; Lk 23:16*)

**3. Crowning (virtue: Interior Mortification) *Matthew 27:27-31*** Then the soldiers of the governor took Jesus into the praetorium, and they gathered the whole battalion before him. And they stripped him and put a scarlet robe upon him, and plaiting a crown of thorns they put it on his head, and put a reed in his right hand. And kneeling before him they mocked him, saying, "Hail, King of the Jews!" And they spat upon him, and took the reed and struck him on the head. And when they had mocked him, they stripped him of the robe, and put his own clothes on him, and led him away to crucify him. (*also Mk 15:16-20; Jn 19:2-3*)

**4. Carry Cross (virtue: Patience) *Luke 23:26-31*** And as they led him away, they seized one Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus. And there followed him a great multitude of the people, and of women who bewailed and lamented him. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For behold, the days are coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never gave suck!' Then they will begin to say to the mountains, 'Fall on us'; and to the hills, 'Cover us.' For if they do this when the wood is green, what will happen when it is dry?" (*also Mt 27:32; Mk 15:21*)

**5. Crucifixion & Death (virtue: Dying to Self) *Matthew 27:35-54*** And when they had crucified him, they divided his garments among them by casting lots; then they sat down and kept watch over him there. And over his head they put the charge against him, which read, "This is Jesus the King of the Jews." Then two robbers were crucified with him, one on the right and one on the left. And those who passed by derided him, wagging their heads and saying, "You who would destroy the temple and build it in three days, save yourself! If you are the Son of God, come down from the cross." So also the chief priests, with the scribes and elders, mocked him, saying, "He saved others; he cannot save himself. He is the King of Israel; let him come down now from the cross, and we will believe in him. He trusts in God; let God deliver him now, if he desires him; for he said, 'I am the Son of God.'" And the robbers who were crucified with him also reviled him in the same way. Now from the sixth hour there was darkness over all the land until the ninth hour. And about the ninth hour Jesus cried with a loud voice, "Eli, Eli, lama sabachthani?" that is, "My God, my God, why hast thou forsaken me?" And some of the bystanders hearing it said, "This man is calling Elijah." And one of them at once ran and took a sponge, filled it with vinegar, and put it on a reed, and gave it to him to drink. But the others said, "Wait, let us see whether Elijah will come to save him." And Jesus cried again with a loud voice and yielded up his spirit. And behold, the curtain of the temple was torn in two, from top to bottom; and the earth shook, and the rocks were split; the tombs also were opened, and many bodies of the saints who had fallen asleep were raised, and coming out of the tombs after his resurrection they went into the holy city and appeared to many. When the centurion and those who were with him, keeping watch over Jesus, saw the earthquake and what took place, they were filled with awe, and said, "Truly this was the Son of God!" (*also Mk 15:25-39; Lk 23:33-49; Jn 19:16-37*)

**Glorious (Memory Pneumonic: RASAC)**

**1. Resurrection (virtue: Conversion of Heart) *Matthew 28:1-15*** Now after the sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the sepulchre. And behold, there was a great earthquake; for an angel of the Lord descended from heaven and came and rolled back the stone, and sat upon it. His appearance was like lightning, and his raiment white as snow. And for fear of him the guards trembled and became like dead men. But the angel said to the women, "Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen, as he said. Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. Lo, I have told you." So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. And behold, Jesus met them and said, "Hail!" And they came up and took hold of his feet and worshiped him. Then Jesus said to them, "Do not be afraid; go and tell my brethren to go to Galilee, and there they will see me." While they were going, behold, some of the guard went into the city and told the chief priests all that had taken place. And when they had assembled with the elders and taken counsel, they gave a sum of money to the soldiers and said, "Tell people, 'His disciples came

by night and stole him away while we were asleep.' And if this comes to the governor's ears, we will satisfy him and keep you out of trouble." So they took the money and did as they were directed; and this story has been spread among the Jews to this day. (*also Mk 16:1-13; Lk 24:1-48; Jn 20:1-18*)

**2. Ascension (virtue: Desire for Heaven) Acts 1:9-11** And when he had said this, as they were looking on, he was lifted up, and a cloud took him out of their sight. And while they were gazing into heaven as he went, behold, two men stood by them in white robes, and said, "Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven."

**3. Descent of the Spirit (virtue: Gifts/fruits of the Spirit) Acts 2:1-13** When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God." And all were amazed and perplexed, saying to one another, "What does this mean?" But others mocking said, "They are filled with new wine." (*also Acts 1:8; Gal 5:22-23*)

**4. Assumption of Mary (virtue: Marian Devotion) Psalms 132:8** Arise, O LORD, and go to thy resting place, thou and the ark of thy might. **Revelation 11:19-12:10** Then God's temple in heaven was opened, and the ark of his covenant was seen within his temple; and there were flashes of lightning, voices, peals of thunder, an earthquake, and heavy hail. And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars; she was with child and she cried out in her pangs of birth, in anguish for delivery. And another portent appeared in heaven; behold, a great red dragon, with seven heads and ten horns, and seven diadems upon his heads. His tail swept down a third of the stars of heaven, and cast them to the earth. And the dragon stood before the woman who was about to bear a child, that he might devour her child when she brought it forth; she brought forth a male child, one who is to rule all the nations with a rod of iron, but her child was caught up to God and to his throne, and the woman fled into the wilderness, where she has a place prepared by God, in which to be nourished for one thousand two hundred and sixty days. Then God's temple in heaven was opened, and the ark of his covenant was seen within his temple; and there were flashes of lightning, voices, peals of thunder, an earthquake, and heavy hail. And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars; she was with child and she cried out in her pangs of birth, in anguish for delivery. And another portent appeared in heaven; behold, a great red dragon, with seven heads and ten horns, and seven diadems upon his heads. His tail swept down a third of the stars of heaven, and cast them to the earth. And the dragon stood before the woman who was about to bear a child, that he might devour her child when she brought it forth; she brought forth a male child, one who is to rule all the nations with a rod of iron, but her child was caught up to God and to his throne, and the woman fled into the wilderness, where she has a place prepared by God, in which to be nourished for one thousand two hundred and sixty days. (*also Ps 45; Lk 1:41-55*)

**5. Coronation of Mary (virtue: Eternal Happiness) Revelation 12:1** And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars; **Queen Mothers in the Old Testament: 1 King 15:13** He also removed Maacah his mother from being queen mother because she had an abominable image made for Asherah **2 Kings 10:13** Jehu met the kinsmen of Ahaziah king of Judah, and he said, "Who are you?" And they answered, "We are the kinsmen of Ahaziah, and we came down to visit the royal princes and the sons of the queen mother." **2 Chronicles 15:16** Even Maacah, his mother, King Asa removed from being queen mother because she had made an abominable image for Asherah. **Jeremiah 13:18** Say to the king and the queen mother: "Take a lowly seat, for your beautiful crown has come down from your head." Jeremiah 29:2 This was after King Jeconiah, and the queen mother, the eunuchs, the princes of Judah and Jerusalem, the craftsmen, and the smiths had departed from Jerusalem.